



Reverie Mental Health is committed to ensuring people from all social/economic classes have access to quality mental health care. Following an economic justice model of sliding scale, we have created three fee tiers to help you decide what payment amount makes sense based on your financial situation.

### **TIER 1: Full Cost of Services**

I can meet my basic food, housing, and clothing needs.

I may have some debt but it does not keep me from meeting basic needs above.

I own a home or rent a higher-end property.

I own or lease a car.

I am employed or do not need to work to meet my own needs.

I have access to healthcare.

I have access to financial savings or financial supports.

I can afford an annual vacation.

I can afford to buy items new/unused every time.

I go out to eat, stop for coffee, and/or shop when desired (at least 1x/week).

**75 min intake: \$415**  
**45 min follow-up: \$265**  
**30 min follow-up: \$200**

### **TIER 2: Reduced Cost of Services**

I stress about meeting basic food, housing, and clothing needs but I am able to meet these needs.

I may have some debt but it does not keep me from meeting basic needs above.

I own or lease a car.

I am employed but would not be able to reduce my hours due to financial strain.

I have access to healthcare.

I might have access to financial savings or financial supports.

I can afford a vacation every one to few years.

I can afford to buy items in a mix of new and thrifted.

I go out to eat, stop for coffee, and/or shop here and there (at least 2x/month).

**75 min intake: \$310**  
**45 min follow-up: \$195**  
**30 min follow-up: \$145**

### **TIER 3: Further Reduced Cost of Services**

I stress about meeting basic food, clothing, and housing needs & don't always achieve them.

I have debt and it sometimes keeps me from meeting my basic needs.

I rent lower end properties or have unstable housing.

I don't have access to a car, or I have access to a car but cannot always afford gas.

I am unemployed or underemployed.

I qualify for government assistance including food stamps and healthcare.

I have no access to savings.

I have very little or no expendable income.

I rarely buy new items because I cannot afford them.

I cannot afford a vacation or time out without experiencing high financial burden.

**75 min intake: \$205**  
**45 min follow-up: \$135**  
**30 min follow-up: \$95**

Please be mindful of your own financial situation and that of others. Choosing a tier that is inconsistent with your lived financial situation may be limiting access to those who truly need the gift of financial flexibility.

Acknowledgement: Managed sliding scale adapted from Alexis J. Cunningham of [www.wortsandcunning.com](http://www.wortsandcunning.com).